

JUNIOR PATHWAY AT DNTC

Our pathway is designed to give players and parents a clear idea of the direction they are heading throughout our system and what classes/tournaments are most suitable for their level.

Age	Kids Tennis Stream	Entry Level Tournaments	Kids Tennis Elite	Competitive Stream	Leagues/ Tournaments
U7	Red Ball	Rookie Tour	Red Elite		
U9	Orange Ball	Future Stars	Orange Elite		
U10/11	Green Ball	Future Stars	Green Elite	Academy (UTR < 2)	U10 Provincials Saturday Slam
U12	Yellow Ball	2 Star Provincial Events	Yellow Elite	Academy (UTR 2-4)	U12 Provincials Saturday Slam
U14	Yellow Ball	2 Star Provincial Events	Jr Recreation	Academy (UTR 4-6)	U14 Provincials Saturday Slam Junior League
U16	Try Tennis or Yellow Ball		Jr Competitive	Academy (UTR 6-8)	U16 Provincials Saturday Slam Junior League Open Events
U18				Academy (UTR 8+)	U18 Provincials Junior League Open Events

Junior Elite Classes

Players learn how to serve, rally, score and play at the net in a more competitive environment. Players learn to maintain a rally when receiving more challenging shots, serve with improved placement, approach the net, and place volleys. Entry by invitation or application only.

Orange Elite

This program is played on a $\frac{3}{4}$ size court with a low-compression ball.

Session times:

Tues: 4-5pm

Thurs: 4-5pm

Sat: 10-11am

2018/19 sessions:

Fall 2018: September 4 - December 22 (16 week session)

Winter 2019: January 3 - March 30 (13 week session)

Spring 2019: April 2 - June 27 (13 week session)

Cost:

\$18 + tax per session

Green Elite

This program is played on a full size court with a low-compression ball.

Session times:

Tues: 5-7pm

Thurs: 5-7pm

Sat: 2-4pm

2018/19 sessions:

Fall 2018: September 4 - December 22 (16 week session)

Winter 2019: January 3 - March 30 (13 week session)

Spring 2019: April 2 - June 27 (13 week session)

Cost:

\$36 + tax per session

Or \$32 + tax per session (3 or more sessions per week)

Yellow Elite

This program is played on a full size court with a regular ball.

Session times:

Tues: 5-7pm

Thurs: 5-7pm

Sat: 2-4pm

2018/19 sessions:

Fall 2018: September 4 - December 22 (16 week session)

Winter 2019: January 3 - March 30 (13 week session)

Spring 2019: April 2 - June 27 (13 week session)

Cost:

\$36 + tax per session

Or \$32 + tax per session (3 or more sessions per week)



Daniel Nestor

Tennis Centre

Learn • Play • Train • Compete

Academy

This program is designed utilizing the Tennis Canada Long Term Athlete Development plan to produce young, promising players looking to compete against the best players in Atlantic Canada, Nationally and Internationally. Training groups will be created according to Universal Tennis Rating (UTR). Sessions include 30 minutes of fitness/agility training from 4:30-5pm.

Players exhibit emotional control and display positive sportsmanship in training and competition. Concentration is clearly demonstrated in an effort to put every ball into the court. Players develop an identity as a 'tennis player' and display an intrinsic desire to train and compete. Players demonstrate the conviction to execute the correct shot under pressure. These sessions should be complementary to matchplay, physical training, tournaments, and other sports.

Session times:

Mon: 4:30-7pm

Tue: 4:30-7pm

Wed: 4:30-7pm

Thu: 4:30-7pm

Fri: 4:30-7pm

2018/19 session:

Fall 2018:

Option A: September 4 - December 22, 2018

Option B: October 15 - December 22, 2018

Winter/Spring 2019:

Option A: January 2 - June 28, 2019

Option B: January 2 - May 11, 2019

Cost:

\$36 + tax per session

Or \$32 + tax per session (3 or more sessions per week)

The DNTC Academy will utilize the Tennis Canada Long Term Athlete Development Model to guide all planning, coaching and diagnostic work.

Included in the Academy costs:

- Junior all-inclusive membership (players don't pay any court fees and have same day booking privileges)
- Coaching at major tournaments
- Academy clothing/swag

All players are expected to:

- respect coaches and other players by listening attentively and always displaying optimum effort
- turn up to training on time and ready to play
- play a yearly schedule of at least 10 tournaments (U10 and above)

Note:

- Unless otherwise stated by the parent, payments will automatically roll over from the Fall session to the Winter/Spring session.
- Missed classes will not be refunded or made up.